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This pack could be used to set up a Sports day event for your own children or those attending your childcare facility.



### In the beginning..... (for setting/group organizations)

- Remember to book.....Venue, Date and Time!
- Advertise your event if it is to be a fundraiser.
- If it is to be a public event - Insurance policies /risk assessments and any other relevant documents, will need to be checked/filled out.
- A 'Clean sweep' of the area the races are to be held on may be a good idea, just to check for debris that may cause minor injuries.
- Sun Hats and sun lotion (again please check policies before applying lotion to children other than your own kin)
- Organize collection of the items needed for the races to go ahead - eg. Spoons & eggs/potatoes



### Fundraising

With many adults attending a pre organized Sports Day event this is a great opportunity to raise a bit of money... Some ideas could be..

- Raffle
- Cake Stall
- Refreshments
- Guess the.... Amount -Pennies/sweets/balloons etc in a jar  
Weight of cake (or other)  
Soft toy's name

(you will need to have an un-associated independent person to pre choose a name, state weight and amount of items within the jar!!)

# Sports Day

## Checklist



### Venue, Date and Time!

- A 'Clean sweep' of the area the races are to be held may be a good idea, just to check for debris that may cause minor injuries.
- Finishing line (ticker tape, ribbon)
- Whistle or other for starting the races.
- LOTS of volunteers!
- For very warm days make sure there are enough drinks to flow freely!
- Shelter, using parasols, large umbrellas, Gazebo etc.
- Plastic ground sheets (if ground is damp) or blankets to sit on.
- Sun Hats and sun lotion



### Prizes could be :-

- Ice lollies work well as prizes (will need a good cool box to keep them frozen)
- Stickers
- Large tub of jelly type sweets (if possible - individually wrapped!)
- Small medals (available in party packs from supermarkets)



### Possible races could include -

- |                        |                        |
|------------------------|------------------------|
| • Egg/potato and Spoon | • Bunny Hops Race      |
| • Sack Race            | • Obstacle Race        |
| • Running /Flat Race   | • Trike /bike race     |
| • Three Legged Race    | • Roly poly Race       |
| • Wheel Barrow Race    | • Hopping              |
| • Piggy back Race      | • Parent/guardian Race |
| • Backwards Race       |                        |



### Race Order sheet

This is a suggestion sheet that you could use to mark the winners for each race. Maybe later to include in a newsletter to parents/guardians, or other setting/home communication (Please do check your own policies on Name disclosure/confidentiality first)

Amend the ages on the sheet as desired.



### Sports Day Certificates

- Print/photocopy which certificates are relevant to the races you intend to stage. (Blank certificates are provided)
- Color in if wished.
- Fill in your setting/home name, date and winning child's name.

Hand these out at the end of the race or at a final Presentation time.

# Sports Day Race Order



Date \_\_\_\_\_

Race.. _____		Boy's Name	Girl's Name
<u>3 yrs &amp; under</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		
<u>4 - 7 yrs</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		
<u>8 - 12 yrs</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		
<u>13 - 15 yrs</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		
<u>Over 16</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		

Race.. _____		Boy's Name	Girl's Name
<u>3 yrs &amp; under</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		
<u>4 - 7 yrs</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		
<u>8 - 12 yrs</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		
<u>13 - 15 yrs</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		
<u>Over 16</u>	1 <sup>st</sup>		
	2 <sup>nd</sup>		
	3 <sup>rd</sup>		

# Congratulations



You came

1<sup>st</sup>

in \_\_\_\_\_ Sports day's  
EGG and SPOON race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came

2<sup>nd</sup>

in \_\_\_\_\_ Sports day's  
EGG and SPOON race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came

3<sup>rd</sup>

in \_\_\_\_\_ Sports day's  
EGG and SPOON race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came

1<sup>st</sup>

in \_\_\_\_\_ Sports days

Three legged race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came

2<sup>nd</sup>

in \_\_\_\_\_ Sports days

Three legged race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came

3<sup>rd</sup>

in \_\_\_\_\_ Sports days

Three legged race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came

1<sup>st</sup>

in \_\_\_\_\_ Sports day's

Running Race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came

2<sup>nd</sup>

in \_\_\_\_\_ Sports day's

Running Race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came

3<sup>rd</sup>

in \_\_\_\_\_ Sports day's

Running Race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations

You came

1<sup>st</sup>

in \_\_\_\_\_ Sports day s

Piggy back race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations

You came

2<sup>nd</sup>

in \_\_\_\_\_ Sports day s

Piggy back race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations

You came

3<sup>rd</sup>

in \_\_\_\_\_ Sports day s

Piggy back race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came \_\_\_\_\_

1<sup>st</sup>

in \_\_\_\_\_ Sports day's

Sack race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came \_\_\_\_\_

2<sup>nd</sup>

in \_\_\_\_\_ Sports day's

Sack race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations



You came \_\_\_\_\_

3<sup>rd</sup>

in \_\_\_\_\_ Sports day's

Sack race

date \_\_\_\_\_

Signed \_\_\_\_\_





# Congratulations

You came

1<sup>st</sup>

in \_\_\_\_\_ Sports day's

Wheel barrow race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations

You came

2<sup>nd</sup>

in \_\_\_\_\_ Sports day's

Wheel barrow race

date \_\_\_\_\_

Signed \_\_\_\_\_



# Congratulations

You came

3<sup>rd</sup>

in \_\_\_\_\_ Sports day's

Wheel barrow race

date \_\_\_\_\_

Signed \_\_\_\_\_





# Congratulations

You came \_\_\_\_\_  
**1<sup>st</sup>**

in \_\_\_\_\_ Sports day's

\_\_\_\_\_

date \_\_\_\_\_  
Signed \_\_\_\_\_



www.silkysteps.com



# Congratulations

You came \_\_\_\_\_  
**2<sup>nd</sup>**

in \_\_\_\_\_ Sports day's

\_\_\_\_\_

date \_\_\_\_\_  
Signed \_\_\_\_\_



# Congratulations

You came \_\_\_\_\_  
**3<sup>rd</sup>**

in \_\_\_\_\_ Sports day's

\_\_\_\_\_

date \_\_\_\_\_  
Signed \_\_\_\_\_

