

Omni Orangutan & Stitch Squirrel's activity pack

Learn to tie a shoe lace



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Make a demonstration model by using chunky laces or wool on a shoe template (as given below) or old boot. Basically the larger the better! As the weight of the boot will allow the children to manipulate the laces with more ease.

Print out the rabbit and tree pictures and stick one to each shoe lace with some scrunched up sticky tape or sticky tac.



Remove the pictures when it is the children's turn to practice. As they may distract more than they help and as such make learning the knot more awkward for them

(because the children are likely to focus more on the actual pictures and story/imagination aspect rather than the rhythm and movements of actually tying the knot))

Rabbit lace rhyme

Here's a little rabbit,
and here's a great big tree.
See the little rabbit
run round the great big tree,

Out pops his head,
to see what can be seen...
how neat a knot he managed to tie
around his tree so green

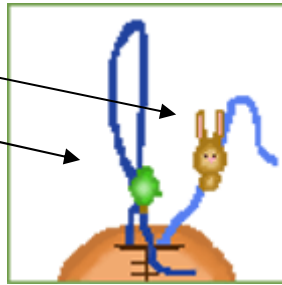
Guided instructions

Print and cut out the rabbit and tree pictures.

Stick the rabbit half way down one lace and the tree the same on the other lace.

Begin the knot with a simple cross and through manoeuvre.

Here's a little rabbit,
and here's a great big tree.



Hold up the rabbit lace as you recite
that line of the rhyme

and the same for the tree lace.

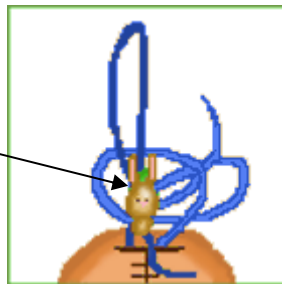
See the little rabbit
run round the great big tree,



Fold the tree lace over into a loop.

Hold the rabbit and run the lace
around the looped 'tree' lace

Out pops his head,
to see what can be seen....



Tuck the rabbit lace through the
hoop that has now been created.

how neat a knot he managed to tie
around his tree so green



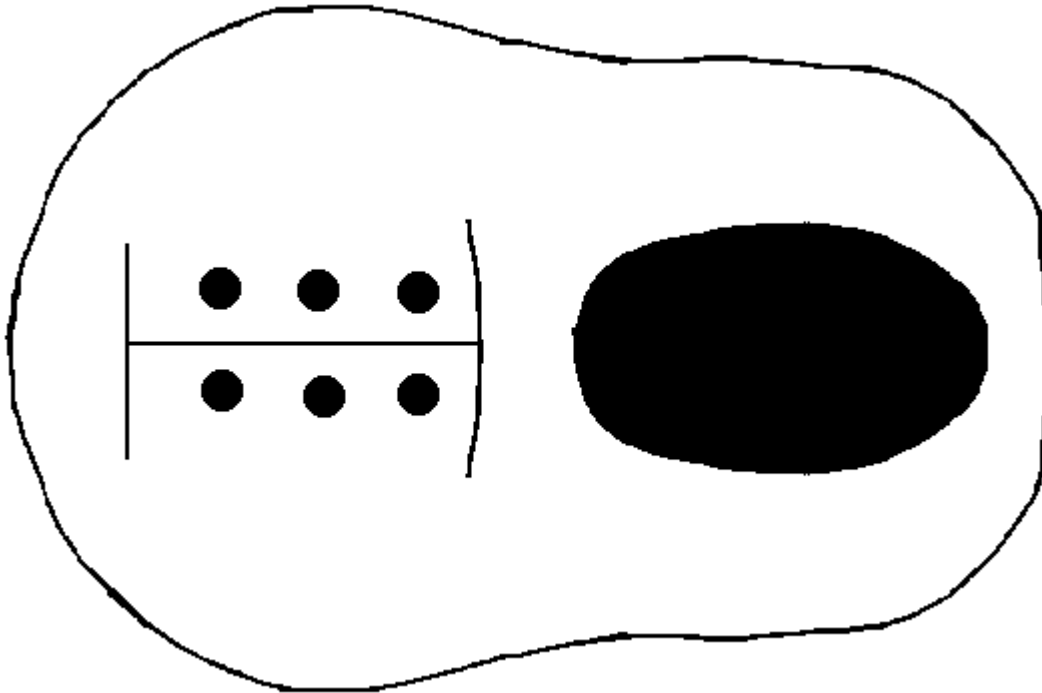
Pull the laces tightly.
To secure the bow.

Examine the bow and comment on its
neatness.



Shoe Template.

Print and Photocopy
Cut out from card or malleable plastic (eg an old linoleum tile)
Score/cut the T shape
Use a hole punch to cut out the eyelets.



'I can' sticker

Reward your children when they accomplish tying their own laces with this sticker.
Print and cut out.
Tape or glue a safety brooch back to it - alternatively use a double sided sticky foam pad.



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If you need a sheet of stickers to reward and praise many children use this sheet full!

