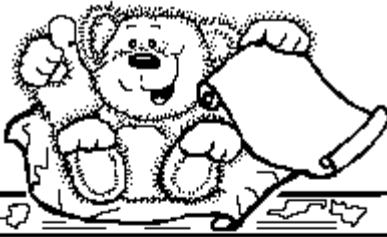
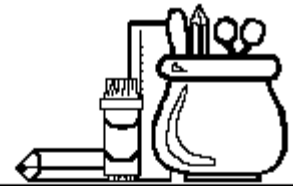


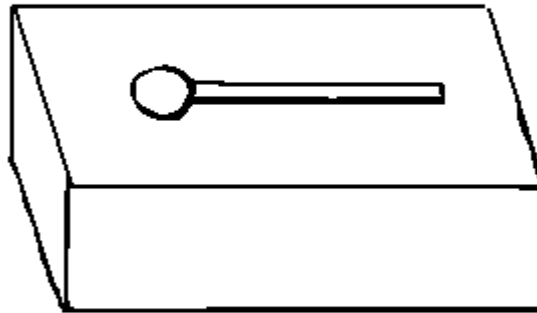
Looking after yourself



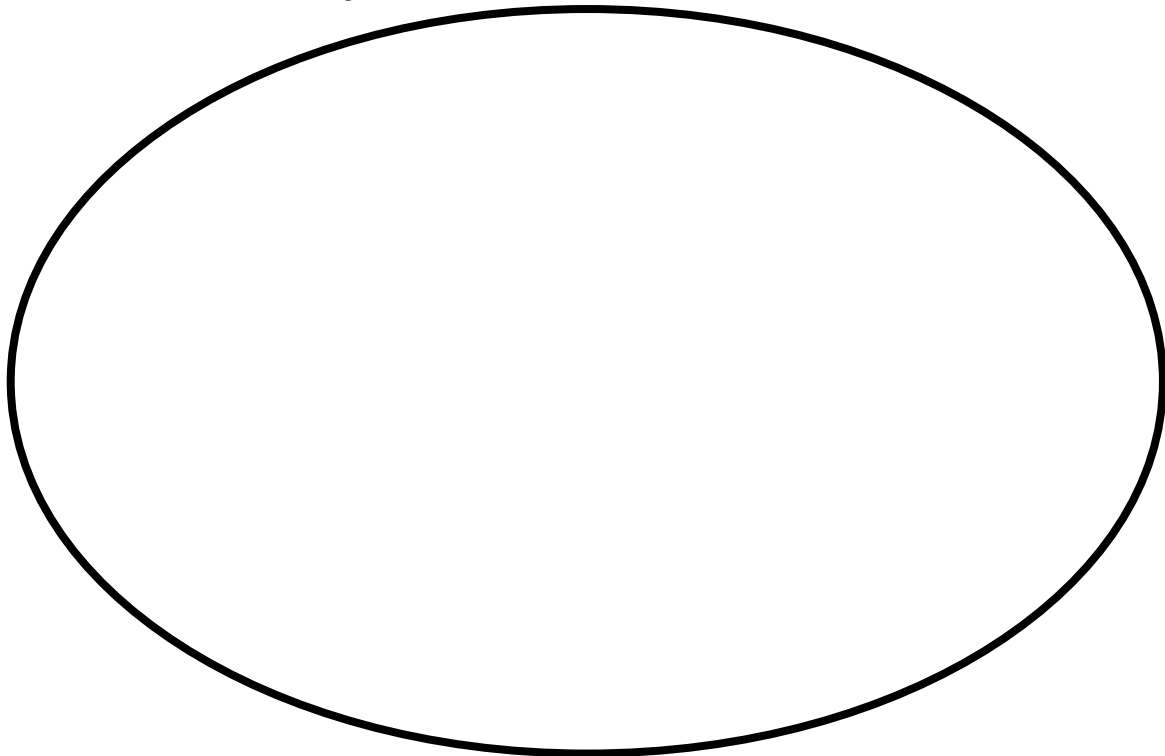
Name _____
Date _____



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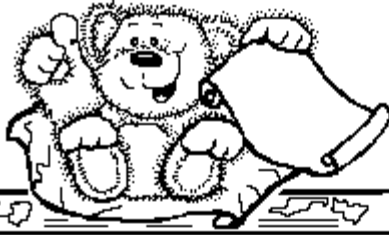
Matches, lighters,
Never touch
They can hurt you very much.
Any flame
Can burn and scold
Always find someone who can be told.



Who do you tell if you see matches, lighters, or candles burning?

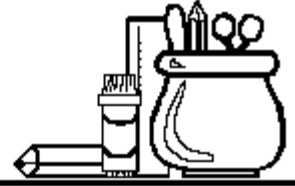
Draw their picture in the oval.

Looking after yourself



Name _____

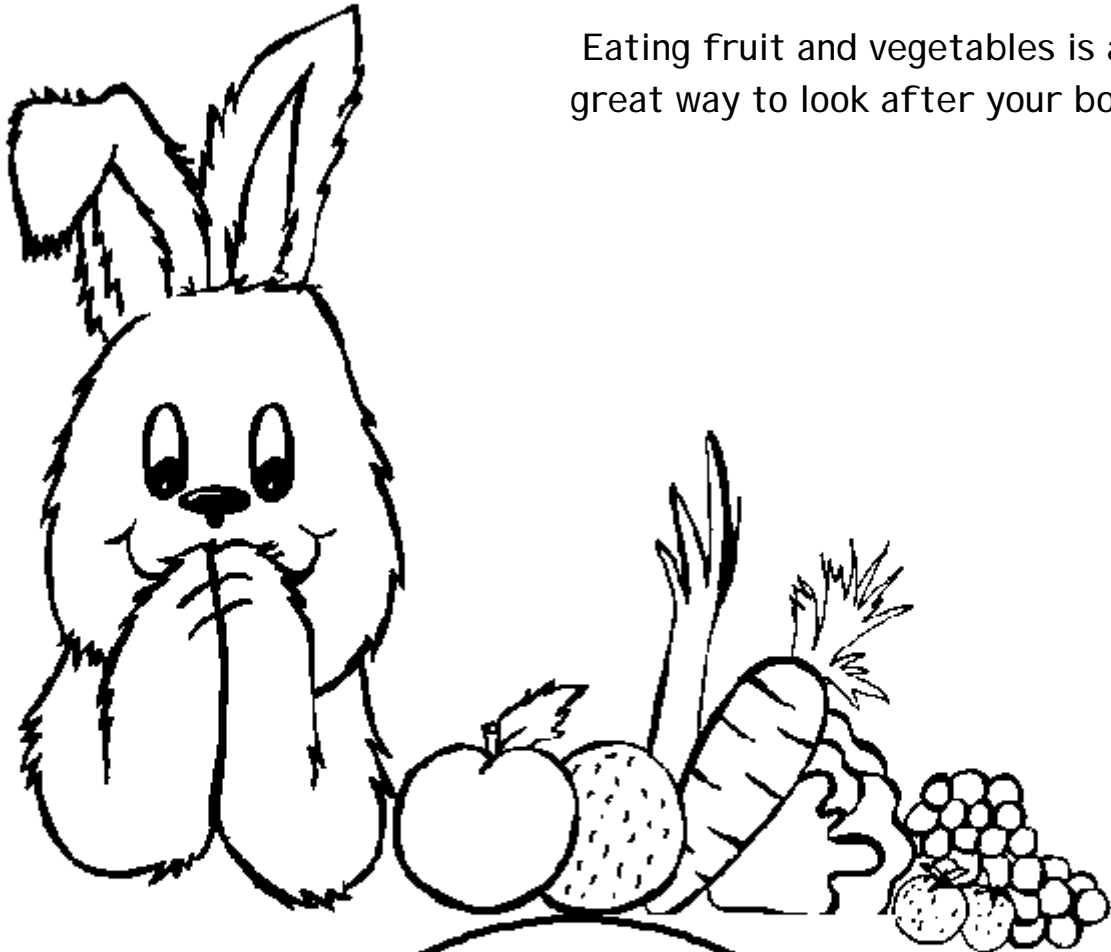
Date _____



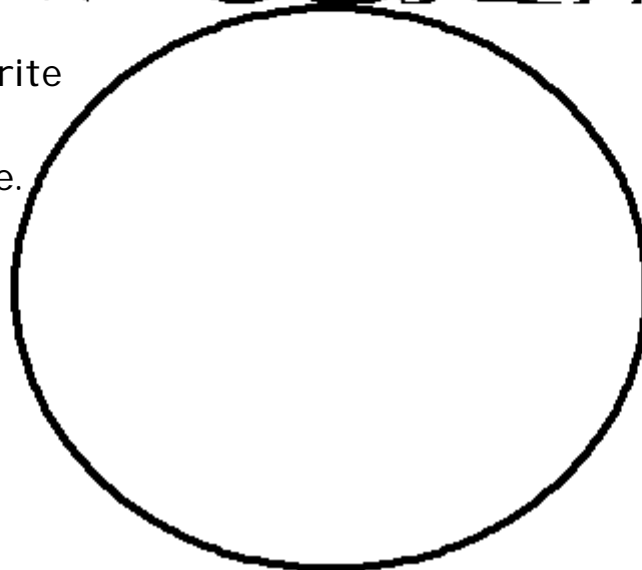
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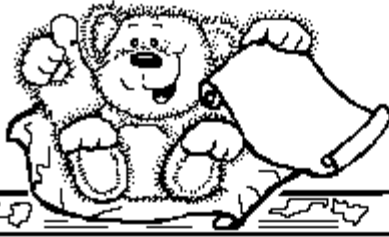
Eating fruit and vegetables is a great way to look after your body.



What is your favourite
Piece of fruit?
Draw it in the circle.



Looking after yourself

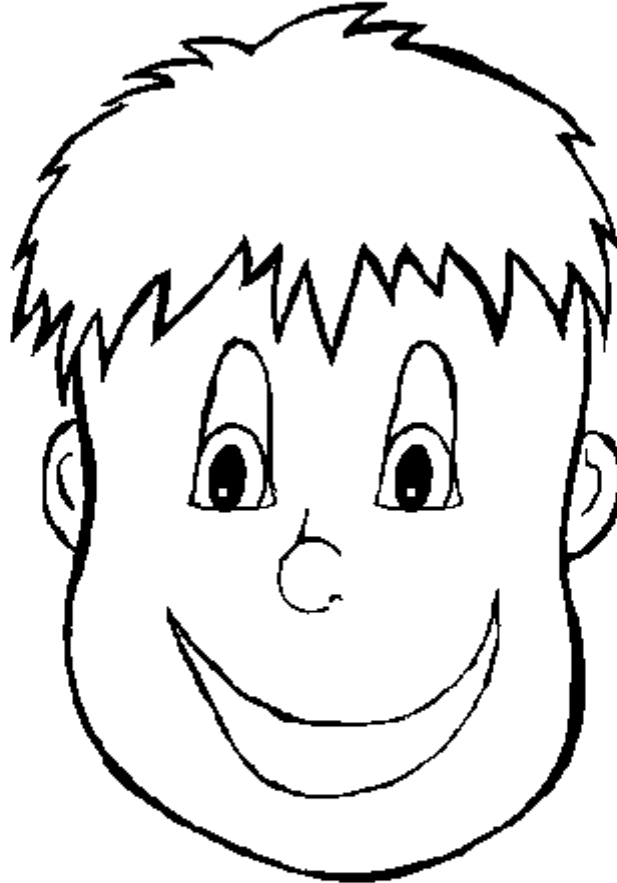


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Brushing your teeth is very important. They have to last you a long time!

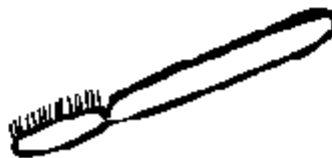


What do you use when you clean your teeth?
Cut the pictures out and show how you use them.

Toothpaste?



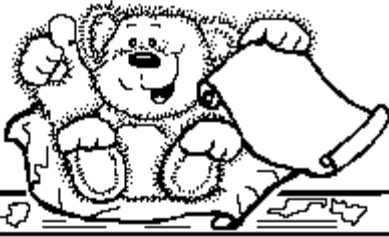
Toothbrush?



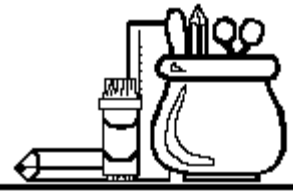
Dental floss?



Looking after yourself



Name _____
Date _____

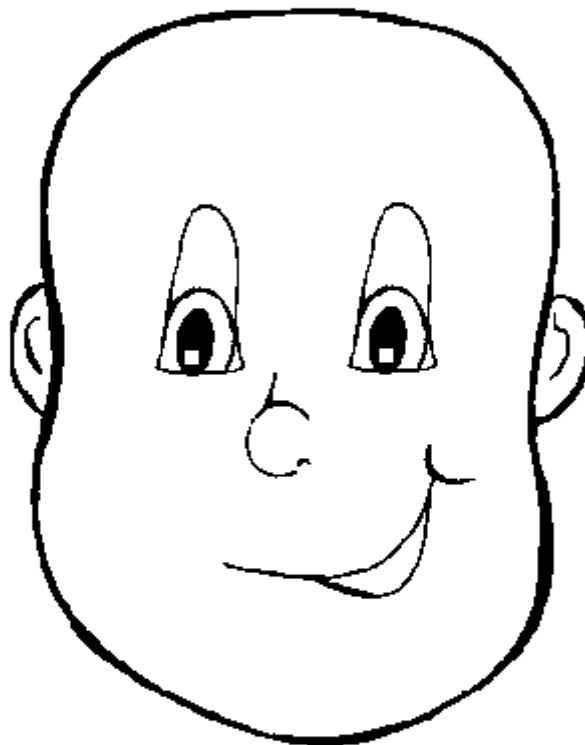


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Taking care of your hair.

Use some coloring pens to draw on your hair. Is it long or short?



When you brush your hair, do you use a comb or a brush?



Looking after yourself