



Lavender Playdough

The following 2 pages show how to make Lavender Playdough and also how to provide a sensory activity using fine motor skill modelling.

Print both sheets and laminate to use in your group

These are our activity ideas - age appropriate modelling fun ...
40yrs - 15 yrs and 7yrs *Grin



Provide other dough tools for the activity - rolling pins, scissors, cutters and glitter so that additional texture and play opportunities can be explored by the children and leaders.

Lavender Playdough



You will need

1 cup of Plain Flour
½ cup of Salt
¾ Cup Water
1 tsp Cream of Tartar to approx 4ozs flour
Oil - 1 Tablespoon to approx 4ozs flour

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Food colouring  
Hand or Other Moisturising cream !  
Lavender oil.



Use the same mug / cup to measure out the Flour – Salt and Water.

Add all the top section ingredients to a saucepan and mix.

Add 1 tsp lavender oil

1 Tsp red (ideally purple !!) food colouring

2 Tsp blue food colouring

And a good squeeze of moisturising cream !!

Cook over a medium heat until the mixture forms a dough – arm ache is also a good indicator !

*Once cooled knead and model with the dough.  
Use the Lavenders Blue sheet to help build  
your own 3D scented pictures.*





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# Lavender

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Make small balls of  
Lavender scented  
playdough and build up  
your own 3D Picture.